



LENDING LIBRARY & SUMMER READ PROGRAM

Place Parksville Studio

Cost: **\$20.00 (yearly membership) which allows access to the Lending Library**
FREE for customers with Access Memberships

Hot N Cool is pleased to advertise its Lending Library & Summer Read Program. This is the first step in bringing Jnana Yoga, the “path of knowledge” or the study of text to the club.

Join us as we read books on yogic philosophy which inspire thought, conversation and community. We will offer about 6 books a year and exchange our ideas and insights on what surfaces for us as individuals. No prior study of Yoga texts is required.

We may come together several times a year to explore topics in Eastern Philosophy and discuss how these thoughts may or may not apply to our current lives. You will be exposed to compassionate people and explore ancient and modern texts on spirituality, philosophy, and psychology. A personal yoga practice is encouraged but not mandatory in order to participate.

Thanks ~ to all who donate books for our library so that others may enjoy them ~